

LONDON ROYAL NATIONAL ENT SLEEP SURGERY COURSE

7, 8, 9 MARCH 2025

IN CONJUNCTION WITH THE
10TH ASIA SLEEP CENTRE COURSE,
SINGAPORE



ENT-UK Accredited
for 22 CPD Points



Venue: University College Hospital Education Centre, 250 Euston Road, London, NW1 2PG

COURSE DIRECTORS

Mr. Ryan Cheong, UK

Dr. Kenny Pang, Singapore

SPECIAL GUESTS

Professor Claudio Vicini, Italy

Professor Olivier M. Vanderveken, Belgium

Professor Bhik Kotecha, UK

Dr. Manuele Casale, Italy

Dr. Brian Rotenberg, Canada

Dr. Michel Cahali, Brazil

INTERNATIONAL FACULTY

Dr. Sara McNeillis, UK

Mr. Vik Veer, UK

Dr. Guillermo Plaza, Spain

Dr. Peter Baptista, Spain

Dr. Carlos O'Connor, Spain

Dr. Andrea de Vito, Italy

Dr. Srinivas Kishore, India

Dr. Vikas Agrawal, India

Dr. Rodolfo Lugo, Mexico

Dr. Vijaya Krishnan, India

Dr. Ewa Olszewska, Poland

Dr. Dipankar Datta, India

COURSE FEES

GBP 880

GBP 780 - Early bird rate for sign-ups
before 31 October 2024

*Limited seats available

Delegates dinner on 8 March 2025.

Daily lunch and refreshments will be provided.

CONTACT US

E-MAIL: courses@asiasleepcentre.com

REGISTER: <https://rsvp.sleepsurgerycourses.com>



PROGRAM OVERVIEW

LECTURE INCLUDES

Didactic Style, Panel Discussions, Surgical Videos, Case Studies, Q&A

TOPICS

- Pathophysiology of OSA
- Cardiovascular effects of OSA
- Sleep Apnea Phenotypes - The PALM score
- Understanding Sleep Surgical Anatomy
- Sleep Diagnostics - PSG and the WatchPAT
- Upper Airway Evaluation,
- Drug Induced Sleep Endoscopy (DISE)
- Is the Nose Crucial in OSA
- Palate Phenotypes
- CPAP therapy - Trends over 30 Years
- Oral Appliances and Sleep Apnea
- Palate Types and Tailoring the Palate Surgery,
- Snoring Treatment
- UPPP, Expansion Sphincter Pharyngoplasty, Barbed Pharyngoplasty
- Lateral Pharyngoplasty, Anterior Palatoplasty, Transpalatal Advancement
- Types of Tongue Base Surgeries - Do they work?
- Tongue Suspension, Genioglossus Advancement, Hyoid Suspension
- Robotic Tongue Base Surgery, Hypoglossal Nerve Stimulator
- Peri-operative Surgery Care, Multi-level Surgery - Is It Safe
- Complications of Surgery
- Myofunctional Therapy - does it work?
- Upper Airway Resistance Syndrome - Is It a Distinct Entity?
- New Surgical Outcome Measures in OSA - The SGI - SleepGoal Index
- Case Studies / Quiz

*Topics may vary in final program

